



**TMC Health Medical
Education Program**

Institutional Policy on Resident and Faculty Wellness

THMEP recognizes that breastfeeding is important for the developing infant, and that family wellness is essential to the wellness of THMEP residents. As such, adequate facilities and protected time for lactation are critical to the well-being of a resident and her family and are an important priority for THMEP.

THMEP will provide protected time and safe, clean, private and well located facilities for lactation at all training sites. Facilities will provide refrigeration for milk storage, and will be situated in reasonably close proximity to clinical responsibilities. Within TMC, available facilities will include locations with computer and phone access. At other locations, THMEP will endeavor to provide lactation facilities that include computer and phone access.

At TMC, there are three employee pump rooms located on the following units: Mom/Baby, Women's and 650. For additional information, residents may directly contact the TMC Breastfeeding Support Program at (520) 324-5730.



TMC Health Medical Education Program

Enter through the WEST ENTRANCE near Tucson Orthopaedic Institute. Walk past Higher Grounds coffee shop to Shelly Hall, turn left, go Past Ramsay Hall. THMEP door is second on the left (glass window)

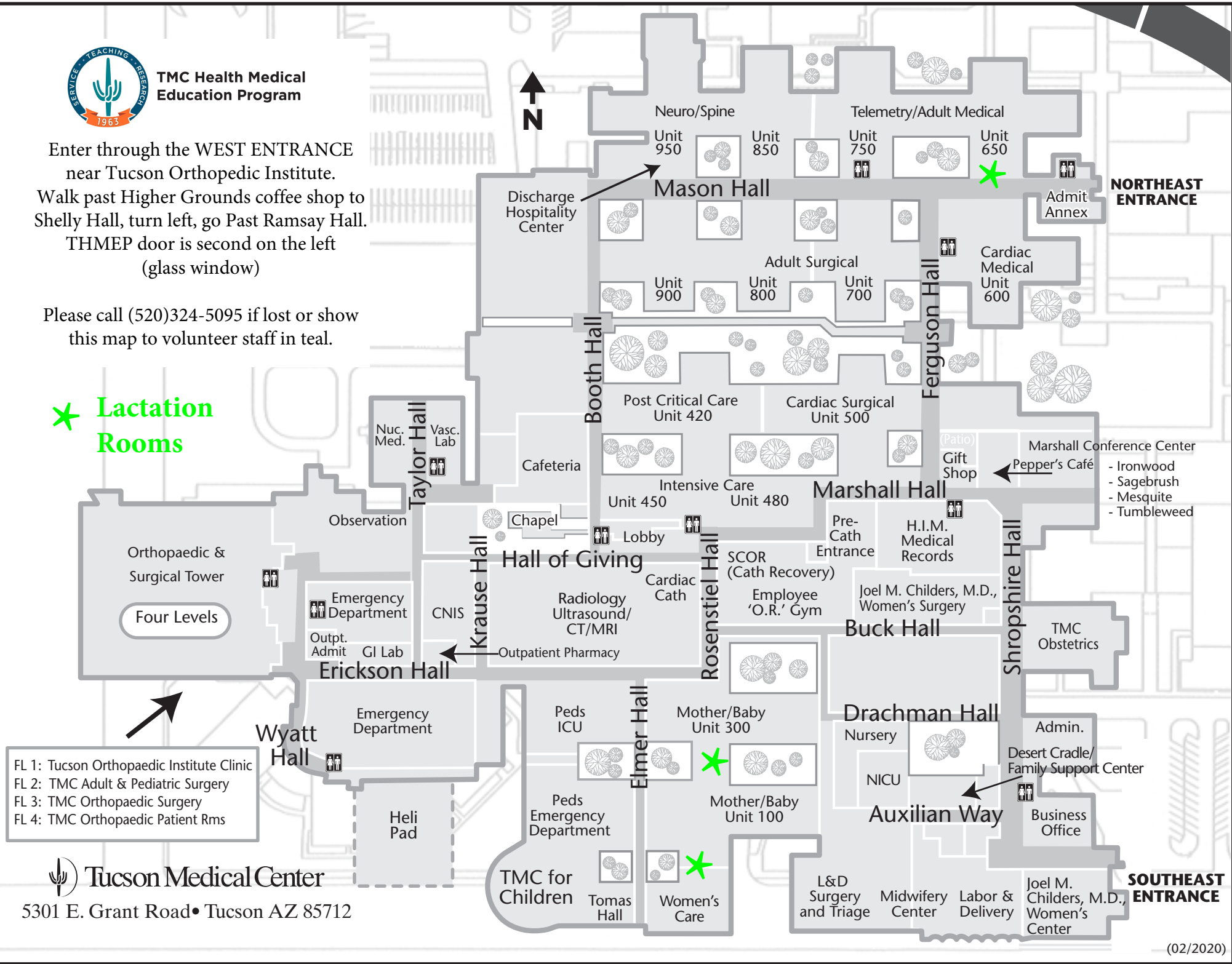
Please call (520)324-5095 if lost or show this map to volunteer staff in teal.

★ Lactation Rooms

FL 1: Tucson Orthopaedic Institute Clinic
 FL 2: TMC Adult & Pediatric Surgery
 FL 3: TMC Orthopaedic Surgery
 FL 4: TMC Orthopaedic Patient Rms

Tucson Medical Center

5301 E. Grant Road • Tucson AZ 85712



NORTHEAST ENTRANCE

SOUTHEAST ENTRANCE

- Ironwood
- Sagebrush
- Mesquite
- Tumbleweed