



Purpose:

Care of patients within a hospital or health system occurs continually through the day and night. Such care requires that residents function at their peak abilities, which requires the work environment to provide them with the ability to meet their basic needs within proximity of their clinical responsibilities. Access to food and rest are examples of these basic needs, which must be met while residents are working.

THMEP is committed to ensuring a healthy and safe learning and working environment that promotes resident well-being by:

- Providing access to food while on duty.
- Providing access to refrigeration and space where food may be stored.
- Providing a meal allowance fund for long shifts/call in the hospital.

The meal allowance fund is an additional benefit provided by THMEP to supplement the cost of meals when residents are on in-house call overnight or working longer shifts. Residents have discretion on how they choose to utilize the funds,

- Resident meal allowance funds will be assigned on the resident's TMC ID badge, for use solely at TMC, at the beginning of each academic year for the first six months of the academic year and again in January for the second six months of the academic year.
- Meal allowance funds are determined by the number of inpatient days in the hospital, at \$7.50 per day, and are provided based on the resident's rotation schedule.
- Meal allowance funds do not roll over at the end of the Academic Year.
- Each year, residents will receive a new allotment of meal allowance funds to cover their inpatient months, as described above.
- Meal allowance funds will not be provided for non-inpatient months.
- Meal allowance funds will not be provided to medical students.