



**Purpose:**

This policy assures that all counseling records will remain confidential.

- As delineated in the “THMEP Policy on Resident Support and Resident Impairment,” confidential counseling is readily available to THMEP residents and other employees in the following manners:
  - a) Discussion with the residency program director or the executive director of THMEP at the resident’s discretion; or
  - b) Selection of a psychiatrist or counselor on a confidential basis without prior discussion with either of the above mentioned directors.
- The directors have appropriate psychiatrists and/or psychological counselors available and their professional fees are covered by resident medical insurance. In such event as fees are not covered, THMEP may choose to cover or defray costs to the resident on a limited basis, but THMEP must agree to this prior to the incursion of any such costs.