

So. Arizona Bereavement Support Services - 2023
For changes contact Jordana Barness at jordana.barness@agapehospiceaz.com

TUCSON HOSPICE ADULT GRIEF SUPPORT GROUPS
 CONFIRM GROUP INFORMATION BEFORE ATTENDING (Verify date/time as well as in-person/virtual format)

Sponsor	Day	Time	Group Meets	Contact Number
Sage Hospice	Tuesday	11:00-12:00 p.m.	Mt. View Nazarene Church 410 S. Pantano Road Conference Room	520-917-4974
Emblem Hospice	1st & 3rd Wednesday	Call for Information	Emblem Hospice 7225 N. Oracle Road #202	520-449-4320
Arista Hospice	1st Thursday	10:00-11:00 a.m.	Arista Hospice 1636 N. Swan Road #250	520-333-0333
Agape Hospice	Friday *Must RSVP before attending	10:30 a.m.	Agape Hospice 4400 E. Broadway Blvd. #400	520-207-5817
Casa de la Luz	Friday	10:00 - 11:30 a.m.	Casa de la Luz 7740 N. Oracle Road Building 7760	520-544-9890
Casa de la Luz	Friday	12:30 - 2:00 p.m.	Casa de la Luz 7740 N. Oracle Road Building 7760	520-544-9890
Heartland Hospice	Friday	10:00 - 11:30 a.m.	Heartland Hospice 3112 N. Swan Road	520-325-2790
TMC Hospice	2nd & 4th Saturday *Must RSVP before attending	10:00-11:00 a.m.		BereavementServices@tmcaz.com
Bristol Hospice		Call for Information	Bristol Hospice 6375 E. Tanque Verde Road #180	520-300-9337
Harmony Hospice	Anticipatory Grief Trainings Post Loss Groups Pet Loss Support	Call for Information	Harmony Hospice 310 S. Williams Boulevard #210	520-284-9334
Dependable Hospice		Call for Information	Dependable Hospice 1141 N. El Dorado Place #300	520-901-5200

NON HOSPICE AFFILIATED ADULT GRIEF SUPPORT GROUPS

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
St. Mark's Methodist Church	Monday	4:00-5:00 p.m. *Must Call Before Attending	St. Mark's Methodist Church 1431 W. Magee Road	*Liesl Scalzitti 520-297-2062
Widows/Widowers	Monday	10:00 -11:30 a.m.	Watermark at Continental Ranch 8689 N. Silverbell Road	520-884-4570
Widows/Widowers	Monday	10:00 - 11:30 a.m.	Harrison Hills Mobile Home Park Clubhouse 4675 S. Harrison Road	520-884-4570
Widows/Widowers	Tuesday	10:00 - 11:30 a.m.	Jewish Community Center Senior Library 3800 E. River Road	520-884-4570
Widows/Widowers	Thursday	6:00-7:30 p.m.	Saguaro Christian Church 8302 E. Broadway Boulevard	520-884-4570
Corpus Christi Catholic Church	1st & 3rd Wednesday	10:00-11:30 a.m.	Corpus Christi Catholic Church Chapel 300 N. Tanque Verde Loop Rd.	520-240-3599 tanis@qualityoflifecounseling.net
Transitions	Wednesday	6:30-8:00 p.m.	Sunrise Chapel 8421 E. Wrightstown Road	520-298-1245
Grief & Loss Support Group	Sunday	12:15-1:30 p.m.	Unitarian Universalist Church of Tucson 4831 E. 22nd Street	520-235-5812

GriefShare

GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Built around a 12-14 week video curriculum, GriefShare support groups meet weekly to help you face the challenges of grief and move from mourning to joy. Grief Share is a nondenominational program offered by local churches. People of all faiths (and those who do not practice a faith) are welcome. The program includes practical information from the Christian Bible. www.griefshare.org

SPECIFIC TUCSON GROUPS

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
AIDS Support/Coping Skills	Wednesday	11:00 a.m.	Southern Arizona AIDS Foundation 375 S. Euclid Ave.	520-547-6188 saaf.org
ALS Association Arizona Chapter	3rd Wednesday	5:30 -7:30 p.m.	GoTo Virtual Meeting	520-404-7762 alsaz.org
LBTQI+ Women's Support	Monday	12:00 - 1:30 p.m.	For More Information Contact Senior Pride	520-312-8923 info@soazseniorpride.org
LBTQI+ Women's Support	Thursday	1:30 - 3:00 p.m.	Virtual Zoom Meeting	520-312-8923 info@soazseniorpride.org
GBTQI+ Men's Loss	Tuesday	1:30 - 3:00 p.m.	For More Information Contact Senior Pride	520-312-8923 info@soazseniorpride.org
Homicide Survivors, Inc.		Call For Information	5049 E. Broadway Blvd. Ste. 151 Virtual and In-person Meetings	520-207-5012 homicidesurvivorsinc.org
Empact Survivors of Suicide	1st & 3rd Thursday	6:00 - 8:00 p.m.	Catalina United Methodist Church 2700 E. Speedway Blvd. Room H-30 Lower Level	480-784-1514 empactsos.org
Healing Journeys 8 Week		Call for Information	Various locations on and off Casa de la Luz campus	520-544-9890

Pet Loss	Harmony Hospice is hosting a virtual Pet Loss Grief Support Group on Thursdays at 4:30 p.m.			520-284-9334
Pet Loss	Humane Society of Southern Arizona			520-327-6088 i koopmanleyva@hssaz.org
Pet Loss	http://www.pet-loss.net/			

OUTLYING GRIEF SUPPORT GROUPS

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
Benson TMC Hospice		Call for Information		520-324-2438
Casa Grande Compassus Hospice	Tuesday	1:00 - 2:00 p.m.	Hospice Compassus Office 1675 E. Monument Plaza Circle	520-421-7143
Florence Compassus Hospice	2nd & 4th Wednesday	10:00 - 11:00 a.m.	Florence Senior Center 330 N. Pinal Street	520-421-7143
Green Valley Valley Presbyterian Church	3-4 times yearly	Call for Information	Green Valley Presbyterian Church 2800 S. Camino Del Sol	520-625-5023
Maricopa Compassus Hospice	Thursday	1:00- 2:00 p.m.	Maricopa Senior Center 41614 W. Smith-Enke Rd. Ste. 100	520-421-7143
Picacho Peak Compassus Hospice	2nd & 4th Wednesday	12:30-1:30 p.m.	Picacho Peak RV Park 17065 E. Peak Ln.	520-421-7143
Sierra Vista Casa de La Paz Hospice	Monday (6 week programs)	4:00 p.m.	Sierra Vista Nazarene Church 1215 Camino Real (Olson Building)	520-263-3400
Sierra Vista Valor Hospice	Monday	3:00 - 4:00 p.m.	Sierra Vista Area Chamber of Commerce 21 E. Wilcox Dr.	520-458-9450

CHILDREN AND FAMILIES GRIEF SUPPORT AND YOUNG ADULT GRIEF SUPPORT (AGES 18-29)

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
Tu Nidito Children & Families	Tuesday, Wednesday or Thursday	6:45 - 8:15 p.m.	Tu Nidito 3922 N. Mountain Avenue	520-322-9155 tunidito.org
Tu Nidito Young Adult Age 18-29	2nd & 4th Monday	Call for Information 6:30 - 8:00 p.m.	Tu Nidito 3922 N. Mountain Avenue	520-322-9155 tunidito.org
Tu Nidito Parent - Serious Illness	1st & 3rd Monday	6:45 - 8:15 p.m.	Tu Nidito 3922 N. Mountain Avenue	520-322-9155 tunidito.org

NACG (National Alliance for Children's Grief) has a Grief Support Resource Library to reference
nacg.org/resource-library/

DEATH OF A CHILD GRIEF SUPPORT

Sponsor	Day	Time	Group Meets	Contact Number
Compassionate Friends	2nd & 4th Wednesday	7:00- 9:00 p.m.	Christ Church United Methodist - Social Hall 655 N. Craycroft Road	520-721-8042 tucsontcf.org
Compassionate Friends Oro Valley		Call for Information		compassionatefriends.org
Helping Parents/Siblings/Fathers Heal		Call/email for information or visit website		480-363-5275 elizabeth@helpingparentsheal.org helpingparentsheal.org
Helping Parents Heal		Visit website for information	Caring Listeners (available 24/7 at no charge)	https://www.helpingparentsheal.org/caring-listeners/
Helping Parents Heal		Visit website for information	Virtual Zoom Meetings	https://www.facebook.com/groups/helpingparentsheal

CRISIS INTERVENTION

With changes: Contact Jordana Barness jordana.barness@agapehospiceaz.com

Crisis Intervention	Days	Hours	Facility	Contact Information
Suicide and Crisis Lifeline	Crisis Hotline	24/7	National Suicide and Crisis Lifeline	Call or Text 988
Immediate Crisis Help	Crisis Hotline	24/7	Statewide Crisis Line (able to connect to the Tucson Crisis Response Center if needed)	520-622-6000
Immediate Crisis Help	Crisis Text Line	24/7	Text 'Home'	741741
Survivors of Suicide Crisis Hotline	Crisis Hotline	24/7	Empact	1-866-205-5229
Veterans Crisis Hotline	Crisis Hotline	24/7	National Veterans Crisis Hotline	988- then press 1 or text 838255
Domestic Violence	Crisis Hotline	24/7	Emerge	1-888-428-0101 520-795-4266
LGBTQ Domestic Violence, Sexual Assault, Hate Crimes	Crisis Hotline	24/7	SAAF - LGBTQ Anti-Violence Project	1-800-553-9387
LGBTQ (Under age 25)	Crisis Hotline	24/7	The Trevor Project	866-488-7386 Text 678-678

Need a friendly voice? Need someone who will listen?

Call the Tucson Warm Line

8:00 a.m - 10:00 p.m. ~ 7 Days a Week/ 8:00 a.m. - 6:00 pm. ~Holidays

520-770-9909

BEREAVEMENT THERAPISTS & COUNSELORS

Flannagan, Elaine, LPC	520-749-2075	2630 E. 8th Street, Tucson, AZ 85716
Gaffney, Joel, Ph.D.	520-621-3334	1224 E. Lowell Street, Bldg 95 Tucson, AZ 85721
Harada, Patti, BA	520-977-5566	16345 N. Coronado View Road, Catalina, AZ 85739
Harmon, Lane, MC, LPC	520-297-6228	1431 W. Magee Road, Tucson, AZ 85704
Collier, Barbara, RN, LPC, SEP	520-403-5611	3742 N. Edith Blvd., Tucson, AZ 85718
Knight, Margaret Anne, MA,CPC,CSAC	520-623-7725	2450 E. Speedway Blvd., Suite 2, Tucson, AZ 85719
Miller, Carol S., LCSW	520-477-6930 carolsmillerlcsw@gmail.com	
Milner, Debra Garfield, RN, LCSW	520-290-8456	6151 E. Grant Road, Tucson, AZ 85712
Munsey, Susie, LCSW ~ Children and Families	520-200-7889	3136 N. Swan Road, Tucson, AZ 85712
Roze, Paula, LCSW	520-891-2511	10501 E. 7 Generations Way, #201-04, Tucson, AZ 85747
Stone, Dan, LCSW, LISAC, CT	520-403-4114	4949 E. Placita Alisa, Tucson, AZ 85718

ST. ELIZABETH'S HEALTH CENTER- EL RIO
520-628-7871

Call or visit website for more information: <https://www.elrio.org/stelizabets/>

St. Elizabeth's Health Center is a faith-based community health center that supports the healthcare needs of the uninsured and underserved in Southern Arizona. We commit to provide high quality healthcare with respect and dignity by responding to individual needs and encouraging health and well-being.

Behavioral health services are available to registered patients of St. Elizabeth's- El Rio. A patient must have had an initial appointment with one of our primary care providers, and during that appointment or subsequent appointments a medical provider can make a referral for the behavioral health services. Since the behavioral health services are integrated into the medical care provided to our patients, the medical and behavioral health providers often consult so that the patient is provided the best care possible by all of the providers. Depending on the needs of the patient, the services provided include: Individual counseling; Couples counseling; Family counseling; Group counseling. These services are available to patients of all ages and are offered in English and Spanish.

Most of our services are provided by volunteers and clinically supervised interns. As a result, the availability of our services varies, so that at times there may be appointments immediately available, and at other times there may be a waiting list. Also, we are sometimes able to offer additional services, depending on the expertise of our volunteers and interns.

THE ALEPH CENTER, PLLC
6408 E. Tanque Verde Road, Tucson, AZ 85715
520-885-5558
www.alephcenter.com

The Aleph Center is a Wholistic Mental Health Practice, providing care and attention to the whole patient - mind, brain, and body - in the context of their family, social, and societal environment.