



What to bring to TMC



Your hospital stay should be short and sweet. You will want to prepare for a one night stay at the hospital.



Make sure you pack:

- Comfortable clothes
- A pair of shoes that are comfortable and have a back (such as sneakers) **NOT** flip flops or slippers
- Toiletries (such as brushes, deodorant, face cream), **NO** perfume or scented lotions
- A walker with 2 wheels, **NO** 4-wheeled walkers (they are not safe enough after surgery)
- Charger for your cell phone



I use a CPAP should I bring that?

Yes! We will put it on you after surgery when you are sleeping.

Should I bring my medications?

Usually **NO**. We plan to use TMC's inventory of medications. Occasionally, this means the generic version.

EXCEPTIONS - Please bring: inhalers, eye/ear drops, chemotherapy meds, organ transplant meds, depression/mood stabilizers, and medication you **NEED** the name brand version of. [**NOTE:** Please bring the original bottle/packaging.]

